



# Bike Trail

## Map & Guide

# Leisure Trails

### NEW Accessible Trail - Lewis' Loop!

Lewis' Loop is our new ADA-accessible bike trail designed to promote inclusion in outdoor recreation. Connected to the Heritage Trail at the resort's trailhead, it offers a smooth, welcoming path for riders of all abilities to enjoy the beauty of the outdoors together.

### Shuster Way Heritage Trail

Heritage Trail is a scenic path that connects the resort to historic downtown Bedford. Perfect for walking or biking, it offers guests a convenient and enjoyable way to explore the area's charm and local attractions.

### Mid-State Trail

The highest knob, the sharpest ridge-lines, and some of the most dramatic views on the Mid-State Trail await intrepid bikers in the Everett Region of the Mid-State Trail—located about 10 miles from the resort.

### Lakeshore Trail at Shawnee State Park

The Lake Shore Trail at Shawnee State Park is a scenic 3.4-mile loop around Shawnee Lake, just 12 miles from the resort. Perfect for walking or biking, the wide gravel path offers beautiful lake views and easy access to other park trails.

### The TOPP Trail (The Old Pennsylvania Pike)

A multi-use trail that runs through the historic Sideling Hill Tunnel, offering a unique biking and walking experience. Located about 15 miles from the resort, it combines adventure, history, and stunning scenery along a stretch of the abandoned Pennsylvania Turnpike.

# There's more to experience.

### Bike Rental

Explore the outdoors with our convenient bike rentals! Each rental includes a helmet, lock, and key for your safety and peace of mind. Choose from mountain bikes, fat tire trail bikes, and e-bikes. Limited children's bikes are also available—get out and ride!

### Springs Eternal Spa

Recover and recharge after your ride with healing treatments at Springs Eternal Spa. Soothe sore muscles with a therapeutic massage, revitalize with the Bedford Baths Ritual, or unwind with a custom body treatment designed to restore balance and energy. It's the perfect way to relax, refresh, and get back on the trail feeling renewed.

### Hiking

Explore our scenic hiking trails that wind through beautiful landscapes and lead you to the natural springs on our property, offering a peaceful complement to your biking adventure. Whether you're seeking a leisurely walk or a more challenging trek, these trails provide the perfect way to stretch your legs, enjoy nature, and discover the refreshing springs that make our area unique.

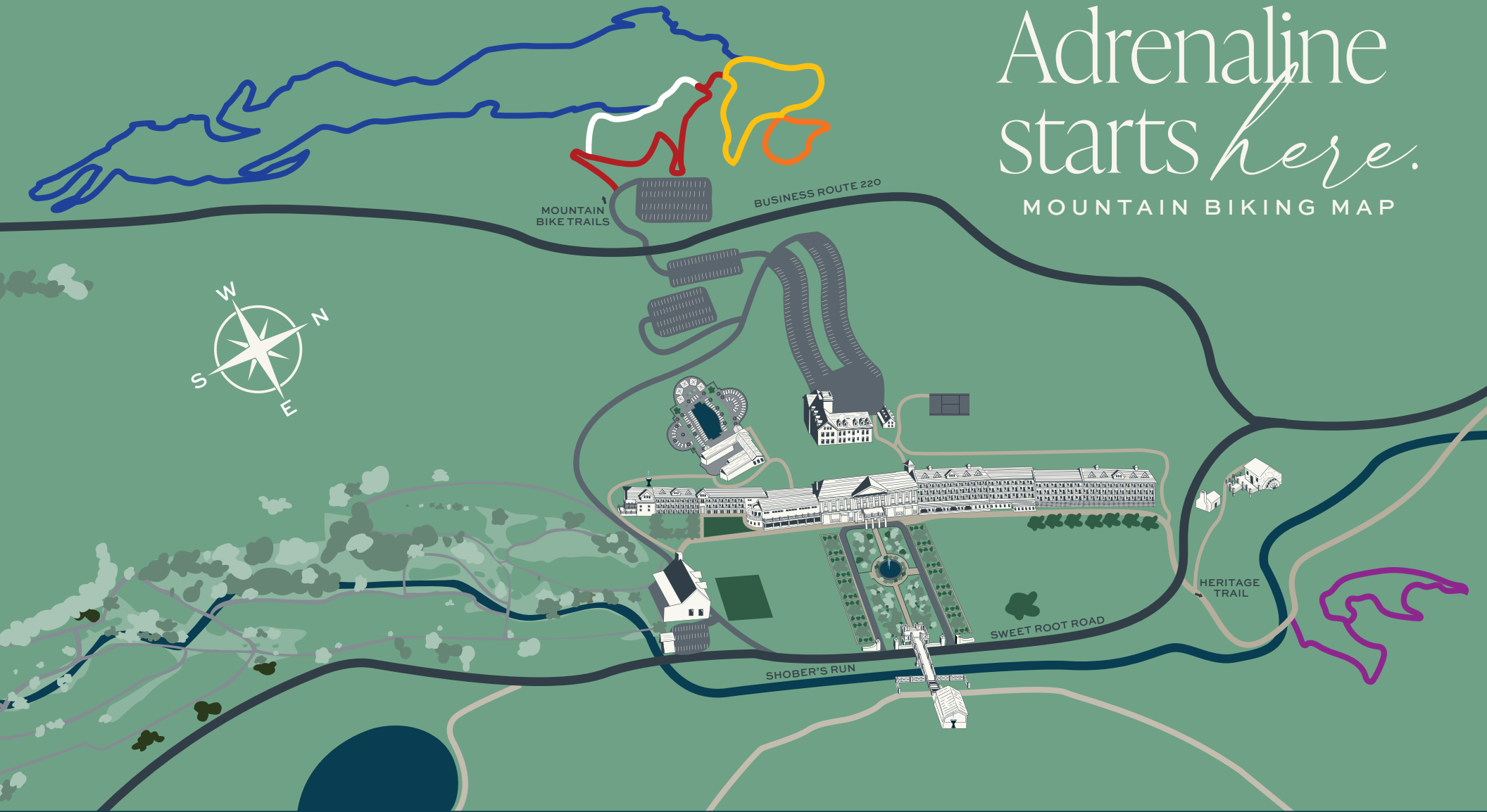
# OMNI

BEDFORD SPRINGS

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# Adrenaline starts *here.*

## MOUNTAIN BIKING MAP



### Trail Use and Safety Guidelines

Use of the trails is at your own risk. Omni assumes no responsibility for injuries or accidents. Our trails are maintained for recreational use in accordance with Pennsylvania's Recreational Use of Land and Water Act (68 P.S. §§ 477-1 et seq.).

Please exercise caution while enjoying our trail system. We strongly recommend staying on marked trails, staying aware of weather conditions, and knowing your location at all times. For the safety and enjoyment of all guests, dogs must be kept on a leash at all times.

NAME	DIFFICULTY	LENGTH	ELEVATION CHANGE
ENTRANCE	BEGINNER	0.75 MI.	135 FT.
LOWER FEDERAL HILL	INTERMEDIATE	1 MI.	25 FT.
UPPER FEDERAL HILL	INTERMEDIATE	0.5 MI.	65 FT.
MOORE TRAIL	INTERMEDIATE	4 MI.	270 FT.
LEWIS' LOOP	BEGINNER	0.7 MI.	82 FT.
CONNECTOR TRAIL	BEGINNER	0.5 MI.	130 FT.