

Spa Pricing.

RELAX, RENEW, REJUVENATE.

Steps away from the Atlantic coastline, guests can immerse themselves in a spa journey that indulges the senses at Ocean Tides Spa. Our specially trained therapists will pamper you with a full array of relaxing treatments. You will find that our treatments reflect elements of our coastal setting. Through an enchanting ritual of treatments, you will experience the beauty of nature and its healing properties. After a day at Ocean Tides Spa at Omni Hilton Head Oceanfront Resort, you will emerge renewed.



MASSAGES

SPIRIT OF THE OCEAN 120 MINUTES

\$495

Experience a journey of the senses that will help promote mental wellness and complete relaxation. Utilizing sound, scent and touch, your therapists will use their intuitive healing powers to refresh your mind, body, and spirit. This will bestow relaxation, release, and align overall oneness of mind and body.

ROLLING WAVES CBD MASSAGE

60 MINUTES	\$235
90 MINUTES	\$355
120 MINUTES	\$470

This blissful, naturing massage is ideal for physically or emotionally exhausted souls. The use of our Antara CBD brings the body back to a state of balance, while rhythmic massage techniques ease muscular tension, creating a sense of complete restoration.

TIDE SALT STONE MASSAGE

60 MINUTES	\$215
90 MINUTES	\$320
120 MINUTES	\$430

Melt all your stress away with this relaxing and therapeutic massage. Himalayan sea salt is hand carved into massage stones that gently soothe away stress, tension and pollutants. Warm stones and unique hands-on techniques provide the ultimate massage experience. The soothing heat therapy promotes a positive energy flow giving a sense of harmony and balance which helps you to feel at peace.

CALMING CURRENTS

60 MINUTES	\$175
90 MINUTES	\$260
120 MINUTES	\$350

The name says it all. This massage is designed to relax and calm. Using light to moderate pressure, this massage will promote relaxation, enhance circulation and relieve tension.

DEEP TISSUE

60 MINUTES	\$205
90 MINUTES	\$305
120 MINUTES	\$410

Experience the rejuvenating effects of a deep tissue massage. This intense indulgence helps restore body alignment and range of motion by focusing on the deeper layer of muscle tissue.

PAR 4 SPORTS MASSAGE

60 MINUTES	\$205
90 MINUTES	\$305
120 MINUTES	\$410

This massage is geared toward athletes of every kind, from world-class professionals to weekend joggers or golf enthusiasts. Designed to promote flexibility, reduce fatigue, improve endurance, help prevent injuries and prepare the body and mind for optimal performance.

MOMMY TO BE

60 MINUTES	\$195
90 MINUTES	\$295

Using a warm organic oil, this massage will leave mommy and baby blissfully relaxed. Suited for expectant mommies outside the first trimester.

OCEAN CALMS EXPERIENCE

60 MINUTES	\$205
90 MINUTES	\$305
120 MINUTES	\$410

Truly a special treatment, our Ocean Calms Experience will transport you into a blissfully relaxed state-of-mind. This treatment is designed to remove any stress or anxiety you may be feeling. Helping to ease a hectic lifestyle, this treatment increases energy flow around the body which balances and creates harmony.

COUPLE'S MASSAGE

PER COUPLE, 60 MINUTES

90 MINUTES, 120 MINUTES **\$350+**

Drift into blissful relaxation as you lay side by side with the one you love. Perfect for couples, best friends or anyone you would like to share an experience with. Couples massage takes place in the same room, at the same time, with two different therapists. Choose from our Calming Currents, Deep Tissue, Par 4 Sports, or Tide Salt Stone Massage.

SEA SALT DETOX MASSAGE

60 MINUTES	\$245
90 MINUTES	\$365
120 MINUTES	\$490

This massage is a targeted pressure point treatment utilizing Arnica and Warm Salt Stones to provide a deeper release of muscle tension and toxins.

BODY TREATMENTS

SOOTHING TIDES CBD ESCAPE

60 MINUTES	\$245
90 MINUTES	\$365
120 MINUTES	\$495

Escape into serenity with our ANTARA CBD treatment. ANTARA, which means balance, captures the inner wisdom of the body to bring about profound healing and eliminating stresses. ANTARA CBD Oil will rejuvenate the skin and soothe any discomfort. This treatment will promote restful sleep, relieve tension, ease muscles, and encourage total wellness. Soothing Tides will be an escape that includes exfoliation, areas of targeted massage, deep hydration, and an overall sense of wellness.



ISLAND HYDRATING WRAP

60 MINUTES	\$190
90 MINUTES	\$285

By hydrating and nourishing your skin, this treatment will leave your mind renewed and body restored. Your skin is gently exfoliated and then warm oil containing vitamins and antioxidants is applied. Your body is relaxed then wrapped, while a warm oil scalp massage and cold stone face massage relieves all your tension. This ultimate treatment leaves your body hydrated and restored while your mind stays on island time.

GINGER HERBAL DETOX WRAP

60 MINUTES	\$190
90 MINUTES	\$285

Detoxify the body, boost circulation and metabolism with this targeted body ritual. A dry brush exfoliation begins the detox process followed by an application of an herbal ginger root masque and then you will be wrapped cocoon style. While you are wrapped you will experience a Fujian Scalp Ritual and a Cool Glacier Globe face massage. This detoxifying treatment is not only relaxing but also provides stimulation for lymphatic drainage.

PARADISE GLOW

60 MINUTES	\$190
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Sugar cane combined with exotic tropical nut oils and fruit enzymes exfoliate and nourish skin to create the ultimate healthy glow. This treatment gently rids the body of dead skin, revealing new, healthier skin as well as replenishing moisture loss.



NAIL TREATMENTS

TRANQUIL WATERS PEDICURE 60 MINUTES 60 MINUTES \$95

This aromatherapy journey begins with you selecting your favorite aroma or combination of aromas to be used throughout your treatment. You will drift into tranquil euphoria with your warm foot soak that is infused with healing salts and shea butter. Nail and cuticle care are followed by the perfect exfoliation to smooth your feet. A luxurious shea butter concrete mask infused with your ZENTS aroma is used to deeply hydrate. This will be followed by a serene foot, leg, and hand massage. Perfectly polished toes, a final spritz of your aroma and your personalized self-care recommendation concludes your treatment.

OCEAN TIDES SIGNATURE PEDICURE 60 MINUTES \$85

Sit back and be pampered from soul to sole. Start with a ritual cleansing with coconut milk, followed by an exfoliation of pure cane sugar infused with essential oils. Warm body butter is then applied to the feet while your legs are massaged. Finally, your choice of color is applied to your nails to remind you daily of your excursion to paradise.

OCEAN TIDES SIGNATURE MANICURE 60 MINUTES \$75

Your manicure begins with a warm soak and the finest coconut exfoliation. A warm body butter wrap for your hands will deliver moisture to instantly revive skin while cuticles and nails will be shaped and nourished. To finish the treatment, breathe deep and relax as your arms are gently massaged. You may choose buffing or polish for a finished look.

SPECIALTY FACIAL TREATMENTS

HYDRAFACIAL DIAMOND & GOLD RADIANCE 120 MINUTES \$685

The ultimate HydraFacial experience! This 2 hour skin care experience will transform your skin, this treatment offers everything from the 60 minute treatment and much more. Your face, neck, décolleté and hands will be hydrated and firmed with our liquid gold booster. While experiencing a luxurious massage our Diamond Radiance Repair mask will be applied to your face, neck and décolleté. This mask will repair, firm, lift, hydrate, plump, de-puff, and reduce inflammation. This will be your one of a kind HydraFacial experience, perfect for that special event!

SEA GLASS FACIAL 90 MINUTES \$370

One of the most captivating aspects of sea glass is the time it takes to evolve, thankfully with this opulent facial you will see dramatic results in only 60 minutes. Combining the power of our Hydrafacial with special sheet masks that are designed to deeply nourish, plump, and soften the skin. This facial will provide a radiant, glass-like complexion.

HYDRAFACIAL 60 MINUTES \$305

Welcome to the HydraFacial experience! Begin the detoxification process with Lymphatic Drainage. Then, the Signature HydraFacial deeply cleanses, exfoliates, extracts, and hydrates the skin while addressing your specific skin concern with a specialty booster. Next you will experience LED Light Therapy to further reduce the visible signs of aging. Masking and a soothing massage will follow your LED therapy. This amazing treatment concludes with moisturizer and a sun protector so you are left with a protected radiant glow!

ILLUMINATING MERMAID FACIAL 60 MINUTES \$215

Restore your skin's vitality to reveal a bright, smooth, radiant complexion. The unique Marine Mermaid Mask will reduce redness, calm and leave you with a dewy glow. This is the perfect treatment before a special event.

YOUTHFUL GLOW FACIAL 60 MINUTES \$195

This facial is designed to deliver a powerful hydrating boost to skin. This will rejuvenate skin and reduce the appearance of fine lines and wrinkles. Skin will be deeply repaired and conditioned leaving you with a beautiful youthful glow.

**PURE RADIANCE FACIAL
60 MINUTES**

\$195

Using all-natural ingredients, this custom, deep cleansing facial gives you both results and a relaxing experience. Deep cleansing, exfoliation, extractions and the high frequency wand are all combined in this facial to help promote radiance and clarity to the skin.

**GENTLEMEN'S FACIAL
60 MINUTES**

\$185

This customized deep cleansing and hydrating facial is formulated to address the specific needs of a man's skin.

TREATMENT ENHANCEMENTS

FIJIAN SCALP RITUAL	\$25
PRIVAI AROMATHERAPY	\$25
ZENTS AROMA JOURNEY	\$25
PURE FIJI ORGANIC WARM OIL	\$25
FIJIAN HAND TREATMENT	\$25
FIJIAN FOOT TREATMENT	\$25
PRIVAI TENSION RELIEF	\$25
COOLING GLACIER GLOBE FACE MASSAGE	\$25
GLOW UP BOOSTER (FACIAL ONLY)	\$25
FIJIAN BACK TREATMENT	\$25
ZENTS "NO WAX" PARAFFIN HANDS OR FEET	\$25
COLLAGEN EYE MASK	\$45
COLLAGEN LIP MASK	\$45
ANTARA CBD RELIEF BALM	\$45
DERMAPLANE (FACIAL ONLY)	\$45
ZENTS AGE DEFYING SUPER BOOST (MASSAGE ONLY)	\$45
BROW LAMINATION	\$115

**PLEASE CALL TO INQUIRE ABOUT OUR
SEASONAL TREATMENT OFFERINGS.**

Ocean Tides Spa will add a 20% service charge which includes a 17% gratuity in addition to the listed price for all treatments.



We ask that you please cancel your appointment 48 hours prior to your scheduled appointment time to avoid a cancellation fee.