

ENHANCEMENTS

CBD RELIEF 50 MIN \$20 | 100 MIN \$40
Add this CBD enhancement to your massage to target your specific needs for relief from pain in your shoulders, neck, forearms, and/or calves.

HOT STONE 50 MIN \$20 | 100 MIN \$40
Add warmth to your massage by including a targeted enhancement with hot stones. This is a great way to experience a combination of hot stones with a traditional style massage.

AROMATHERAPY UPGRADE 50 MIN \$10 | 100 MIN \$20
Select your favorite essential oils and escape into a sensory journey. Choose from lavender to calm and soothe, ginger root with lemongrass for grounding, or alpine arnica for muscle relief.

RESERVATIONS & SPA DETAILS

RESERVATIONS: *In-room: ext. 2220 | 904.432.2220 | aispa@omnihotels.com*

Advance reservations are recommended and may be reserved with any major credit card. Please notify us of any medical conditions at time of booking. We kindly ask that you provide 24-hour notice should you need to cancel your reservation to avoid charges.

A 20% service charge is customarily added to each Spa service and shared amongst the Spa staff. However, this may be adjusted at your discretion.

The Spa meditation area, locker rooms and all services are reserved for guests ages 18 and over. All prices and services are subject to change.

60 Amelia Village Circle | Amelia Island, FL 32034 | 904.432.2220
OMNIHOTELS.COM/AMELIAISLAND | LICENSE #MM35285

Monday: 10 a.m.-5 p.m. | Tuesday-Sunday: 9 a.m.-5 p.m.
Hours may vary seasonally and are subject to change without notice.



SIGNATURE SERVICES

QUARTZ SAND TABLE MASSAGE 50 min \$190

The gentle and affecting warmth of this light touch customized massage provides physical and mental relaxation. This unique service is also beneficial for arthritis, fibromyalgia, joint or back pain and insomnia.

TROPICAL BLOSSOM RITUAL 100 MIN \$350

This Japanese inspired Hanakasumi ritual begins with a body exfoliation using a warmed exfoliant of cherry blossom, lemon, papaya, and lotus. From there, you will experience a concentrated foot treatment, before concluding with a relaxing body application of cherry blossom scented rice-powder cream.

COUPLES MASSAGE 50 MIN \$375

Treat yourself and a companion to ultimate relaxation with a dual massage in the comfort of a private treatment room. Your experience continues as you both relax in our private couples relaxation room.

FACIALS

Includes cleansing, exfoliation, mask, toning and moisturizer.

CUSTOM CLEANSING FACIAL 50 MIN \$155

Re-establish the natural beauty and health of your skin with pure ingredients and simple luxury. Customized to provide your complexion with the most benefits.

GENTLEMAN’S FACIAL 50 MIN \$155

This customized, deep cleansing and hydrating facial is scientifically formulated to address the gender-specific needs of men. Our detailed consultation on your home care program will assure continued results.

YOUTH RENEWAL FACIAL 100 MIN \$350

Restore your youthful glow! Saffron, sophora and peptides combine to restore your skin while targeting wrinkles and slackened skin. Exfoliation, stimulation massage techniques and a double dermo filling mask leave the skin feeling fresh, plump and youthful. This service features a luxurious hot oil treatment for your hands, providing a soothing and elegant touch of indulgence.

DX GLOW FACIAL 100 MIN \$350

This exclusive treatment provides a defense against daily environmental aggressors, restoring your skin’s natural balance and enhancing its luminous radiance. Designed to leave you with a vibrant, youthful glow, the experience is elevated with a soothing hot oil treatment for your hands, delivering a pampering touch of refinement.

BRIGHTENING GUA SHA CBD FACIAL 50 MIN \$185

The hydrating and anti-inflammatory benefits of Vital Body’s Luminous CBD oil, delivers nourishment and radiance to your skin. Begin with a cleanse, exfoliation and hydrating mask. Next, the Gua Sha tool will enhance circulation, leaving your skin visibly revitalized.

MASSAGE TREATMENTS

PRENATAL MASSAGE 50 MIN \$155

This massage focuses on the mother-to-be. Safe pregnancy techniques help to alleviate fatigue, soothe muscle and joint pain and improve circulation. *Must be past first trimester.*

SWEDISH MASSAGE 50 MIN \$155 | 100 MIN \$310

Our most popular massage and one of our most enjoyable. This massage uses light to moderate pressure, while promoting relaxation, enhancing circulation, improving flexibility and relieving muscle pain and tension.

AROMATHERAPY MASSAGE 50 MIN \$165 | 100 MIN \$330

This flowing, light to moderate pressure relaxation massage includes potent herbal aromatherapy oils formulated to stimulate internal healing. Relaxation points of the back, face and feet are targeted.

DEEP TISSUE SPORTS MASSAGE 50 MIN \$180 | 100 MIN \$360

Focusing on the deepest layers of muscle tissue, tendons and fascia, this intense indulgence helps restore body alignment and range of motion. This massage is designed specifically for those experiencing chronic pain along with muscle and sports related musculoskeletal issues.

THERAPEUTIC CBD MASSAGE 50 MIN \$185 | 100 MIN \$360

Experience rejuvenation with Vital Body’s powerful blend of CBD, arnica, ginger, rosehip oil, and six additional healing herbs. This therapeutic massage is designed to invigorate muscle and joint circulation, soothe the spirit, and deliver targeted relief. Enhanced by a delicate, grounding aroma featuring juniper, cedarwood, and lavender essential oils, this treatment offers a holistic escape for mind, body, and soul.

SPECIALIZED TREATMENTS

REFLEXOLOGY 50 MIN \$155

An ancient Chinese practice based on the notion each body organ corresponds to a specific point on the foot. A restorative process in which feet are massaged to re-establish an optimal flow of energy.

ENERGIZING SCALP TREATMENT 50 MIN \$155

This treatment is designed to promote relaxation, ease muscle aches and soothe stress. An aromatic scalp and hair oil is warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve tension.

DETOX & RENEWAL TREATMENT 50 MIN \$175

Detox your body with a full-body dry brush exfoliation designed to stimulate circulation and open pores, allowing hydrating massage oil to deeply penetrate your skin. A 30-minute targeted massage on the area of your choice, will leave you feeling refreshed and renewed. Take home a complimentary dry brush to maintain this wellness routine.

